Review Article

DOI: https://dx.doi.org/10.18203/2349-3933.ijam20214882

Methicillin resistant *Staphylococcus aureus* - importance of appropriate empirical therapy in serious infections

Pavan Kumar Nanchary Reddy¹, Anand Sutar², Sambit Sahu³, Bini Thampi⁴, Neha Keswani⁴, Kapil D. Mehta⁴*

Received: 15 November 2021 **Accepted:** 09 December 2021

*Correspondence: Dr. Kapil D. Mehta,

E-mail: KapilM@wockhardt.com

Copyright: © the author(s), publisher and licensee Medip Academy. This is an open-access article distributed under the terms of the Creative Commons Attribution Non-Commercial License, which permits unrestricted non-commercial use, distribution, and reproduction in any medium, provided the original work is properly cited.

ABSTRACT

India has been titled the capital of antimicrobial resistance in the world with the centre for disease dynamics, economics and policy (CDDEP) predicting two million deaths in India by 2050. As per the World Health Organisation's global priority pathogen list of 2017, methicillin resistant *Staphylococcus aureus* (MRSA) has been classified as a 'high priority' pathogen due to its association with increased mortality rate, rising prevalence of resistance and increased burden on healthcare settings. A recent report by Indian Council of Medical Research signifies the exponential rise in the prevalence of MRSA in India, from 29% in 2009 to 39% in 2018. Serious MRSA infections are commonly associated with poor clinical outcomes coupled with increased hospitalisation stay and cost. Therefore, early identification and appropriate empiric treatment of MRSA plays a crucial role in healthcare settings. However, the constant rise in multi-drug resistance to the currently available anti-MRSA agents as well as their compromised safety profile limits its clinical use to manage severe MRSA infections. This review article explores the implications of severe MRSA infections and inappropriate empirical therapy on the clinical as well as economic outcomes. In addition, it also highlights limitations of the currently available anti-MRSA agents and the need for newer agents to manage multi drug resistant (MDR) gram positive infections.

Keywords: Methicillin-resistant *Staphylococcus aureus*, Prevalence, Appropriate empiric therapy, Anti-MRSA agents, Levonadifloxacin

INTRODUCTION

Antimicrobial resistance (AMR) has been on the rise globally posing significant concerns; as per the latest United Nations (UN) report, by 2050, 10 million deaths each year would be attributed to AMR. Among the multidrug resistant (MDR) gram positive pathogens, methicillin-resistant *Staphylococcus aureus* (MRSA) has emerged as a serious threat. In 2017, World Health Organisation's (WHO) global priority pathogen list labelled MRSA as a 'high priority' pathogen owing to its association with higher mortality rate, increasing health

care and community burden along with the rising prevalence of resistance.

MRSA is identified with worse clinical outcomes than methicillin-sensitive *S. aureus* (MSSA) and has a mortality risk two-times higher.^{3,4} The 2014 report on antimicrobial resistance from WHO highlighted variation in the prevalence of MRSA worldwide: African region (12 to 80%), American region (21 to 90%), European region (0.3 to 60%), South-East Asia region (2 to 81%).⁵ In 2018, antimicrobial resistance group of Indian Council of Medical Research reported an overall MRSA prevalence

¹Department of Critical Care Medicine, Care Hospitals, Hyderabad, Telangana, India

²Department of Critical Care Medicine, Apollo Hospital, Sheshadripuram, Bengaluru, Karnataka, India

³Department of Critical Care Medicine, KIMS Hospital, Secunderabad, Hyderabad, Telangana, India

⁴Department of Medical Affairs, Wockhardt Ltd., BKC, Mumbai, Maharashtra, India

of 37.3%, ranging from 21% to 45% indicating varied levels of prevalence across the country.⁶

Early identification and appropriate treatment of MRSA is an essential priority in all healthcare settings. However, in treating suspected MRSA infections, initial empirical therapy plays a crucial role. The infectious disease society of America and the United Kingdom practice guidelines recommend various treatments such as vancomycin, linezolid, clindamycin and co-trimoxazole for treating MRSA infections.^{7,8} However, the rising resistance to the current anti-MRSA agents render them incapable of managing severe MRSA infections. The Indian network for surveillance of antimicrobial resistance (INSAR) group identified MRSA to be highly susceptible (100%) towards vancomycin and linezolid while exhibiting decreased sensitivity towards clindamycin (53.4%), erythromycin (29.2%) and co-trimoxazole (44.4%). Emerging reports of rising multi drug resistance across the country, also challenge the use of such drugs as empirical therapy. 10-13 Moreover, not only the susceptibility pattern but the selection of the empiric antibiotic especially for critically ill patients is also the key essence for a positive clinical outcome in such patients. Various reports over the years have shown a significantly positive correlation between inappropriate empirical therapy, mortality rates and hospitalisation cost in patients infected with resistant strains. In this review, we explore the current role of empirical therapy, the clinical and economic outcomes of MRSA infections, impact of inappropriate empirical therapy and pitfalls of existing treatments. This article explores newer agents of potential empiric usage in the management of MRSA infections.

Methicillin resistant S. aureus: public health concern in India

MRSA is a critical nosocomial gram positive pathogen in the Indian ICUs and the community. It can be categorised into community acquired (CA-MRSA) or hospital acquired (HA-MRSA) infections. CA-MRSA is majorly involved in skin and soft tissue infections (SSTIs) such as wound infection, abscesses or cellulitis. Traditionally, it was thought that HA-MRSA causes infections upon prolonged hospitalisation, in patients with indwelling devices or in patients undergoing dialysis or receiving immunosuppressive therapy. However, it is increasingly being observed worldwide, including in India, that CA-MRSA is gradually resembling HA-MRSA in being more invasive and transmissible than before. However, inappropriate empirical therapy can lead to serious invasive infections like bone and joint infections, necrotizing pneumonia and septicaemia. Furthermore, a recent evolution and global transmission of MRSA has led to the emergence of MDR CA-MRSA lineage from the Indian subcontinent, known as the Bengal Bay clone (ST772). This was first isolated from Bangladesh and India in 2004 and is highly virulent and resistant to multiple classes of antibiotics such as β-lactams, fluoroquinolones, macrolides and aminoglycosides due to

the acquisition of Panton-Valentine leukocidin (PVL). 14-16 Its ability to acquire multidrug resistance, to penetrate in hospital settings and association with severe manifestations like necrotizing pneumonia and bacteraemia highlights Bengal bay clone as a major public health concern in the Indian subcontinent. 17

Risk factors predisposing a serious MRSA infection

A recent study from North India displayed a strong association between MRSA infection and comorbid conditions. The probability of acquiring a serious MRSA infection was increased 3.5-fold with use of invasive devices and 2-fold in cases of previous hospitalisations, as compared with MSSA infected patients. 18 Additionally, Chatterjee et al highlighted prior respiratory infections and bacteraemia as significant risk factors of MRSA in his study. 19 Furthermore, prior antibiotic use or drug abuse is an established threat for multi-drug resistant MRSA, which subsequently may lead to more invasive infections.²⁰ Older age, diabetes mellitus and chronic kidney disease are commonly seen in association with MRSA infections.²¹ Other commonly associated risk factors for MRSA infections are haemodialysis, open wounds and long-term central venous access or long-term urinary catheter.²²

Clinical outcome in patients infected with MRSA

Mortality with MRSA infection

Over the years, several studies have highlighted the dominating impact of MRSA on the mortality rates when compared with patients infected with methicillin sensitive *S. aureus* strains (MSSA). Additionally, the EPIC II point prevalence study in critically ill patients had reported a 50% higher chance of hospital death in patients with MRSA.²³ Similarly, a study by Chen et al in *S. aureus* bacteraemia patients showed that MRSA was associated with increased mortality risk.²⁴ A recent comparative review of MRSA and MSSA septic arthritis found that MRSA was associated with increased risk of all-cause mortality which subsequently leads to increased risk of disability.²⁵

Hospitalization stay and cost

MRSA not only affects the mortality rates but also has a major impact on the hospital stay, intensive care admission, number of complications and the cost incurred to the patients. Chatterjee et al showed that patients with MRSA infection had longer duration of hospital stay (14 days versus 8 days), antibiotic prescription (20 days versus 14 days) coupled with an increased greater need for ICU care (40% versus 14%) and length of ICU stay (5 days versus 2 days) than patients with MSSA. Additionally, several reports globally have established that MRSA positive patients require longer hospital stay when compared to patients with MSSA infections. A recent study from Norway showed that not only was the length of

hospital stay 8 times longer in MRSA group but also the hospitalisation costs were significantly higher as compared to non-MRSA inpatients.²⁹ A similar study from Swiss university hospital showed that an average bed day cost for MRSA infected patients was 1.5 times higher than non-infected patients admitted in the wards.³⁰ A multicentre study from China associated MRSA infections to an increased mortality of 0-3.5%, increased hospital stay of 6-14 days and escalated hospital cost ranging from \$3,220 to \$9,606.³¹ Several studies from Europe and US that investigated the MSSA and MRSA investigation found an additional attributable cost of €8,000 to €17,000 and US\$13,900 respectively.³²

PROPHYLACTIC EMPIRICAL ANTIBIOTIC THERAPY FOR MRSA: CURRENT RECOMMENDATIONS

Table 1 summarizes the recommendation from the Infectious Diseases Society of America (IDSA) guidelines and the Ministry of Health and Family Welfare (MoHFW), India on the prophylactic empirical use of antimicrobials for MRSA infection. 6,33 The UK health practice guidelines also focussed on community associated severe MRSA infections. For SSTIs, these guidelines recommend the use of rifampicin and sodium fusidate or doxycycline for 5-7 days. Trimethoprim combined with rifampicin (5-7 days) and linezolid are also recommended. For pneumonia, linezolid and high-dose clindamycin with or without rifampicin has been advised.⁸ From India, the 2019 national guidelines for antibiotic prescription in ICU recommends empiric antibiotic therapy covering MRSA for serious infections like community-acquired pneumonia (CAP), ventilator associated pneumonia, catheter related blood stream infections, bone and joint infections and sepsis of unknown cause. For CAP suspected to be associated with MRSA, vancomycin or teicoplanin are advised in the regimen. Patients resistant to vancomycin or with associated renal failure should be initiated with linezolid therapy. In case of ventilator-associated pneumonia (VAP) with high risk of MDR pathogens (MRSA prevalence of >15% and gram-negative prevalence of >10%), an empirical antibiotic coverage against MRSA and gram negative pathogen is recommended. In treating nosocomial meningitis, vancomycin in combination with cefepime/ceftriaxone/ meropenem is recommended. For brain abscess, vancomycin was advised in cases with suspicion of MRSA. It further recommends piperacillin-tazobactam (pipe-tazo) plus vancomycin/teicoplanin/daptomycin/ linezolid for severe non-purulent SSTIs. Linezolid was recommended to be used restrictively due to its inclusion in the treatment guidelines of tuberculosis in India.³⁴

This is reflected in the recommendation from MoHFW, India; where linezolid was not advised in majority of MRSA infections. For most of the MRSA related infections, vancomycin has been identified as a primary empiric antibiotic of choice.⁷

IMPORTANCE OF APPROPRIATE EMPIRIC THERAPY IN MRSA

As the microbiological results take 24-72 hours, an appropriate empiric therapy plays a crucial role in determining a positive clinical outcome of critically ill patients. The choice of empiric therapy is determined by the likelihood of pathogen involved, resistance pattern, severity of illness, site of infection and comorbidities. ³⁵ A SPA-BACT survey from 121 French hospitals emphasized that rapid initiation of appropriate treatment reduces short-term mortality in bloodstream infections. ³⁶

A meta-analysis conducted to explore the use of inappropriate antibiotic therapy in patients with severe infection showed that the inappropriate usage ranged from 14-79% across various studies with an incidence rate of more than 50%. This was further correlated with significantly increased 28 day and 60 day mortality (p<0.02) in patients who received inappropriate antibiotic therapy.³⁷ Similarly, various reports have highlighted that increased morbidity and mortality rates with inappropriate empiric therapy (IET), have led to clinical and economic outcomes to a higher degree. Table 2 summarizes the studies reporting clinical outcomes with IET in MRSA. In a study involving patients of S. aureus bacteraemia (SAB), Kim et al observed that mortality was higher in patients receiving IET than an appropriate empiric therapy (AET) $(39\% \text{ versus } 28\%, \text{ odds ratio } (OR)=1.60, p=0.09).^{38}$ Another study from Thailand reported that delayed therapy or IET was significantly associated with increased allcause mortality (p<0.001) and attributable mortality.³⁹ Similarly, in 510 episodes of MRSA bacteraemia, significantly higher 30-day mortality was observed in IET than AET (49.1% versus 33.3%, OR=2.15, p=0.001).40 Further, in patients with septic shock, 28-day mortality was significantly higher with IET (61.6% versus 41.9%, p=0.017) than in AET.⁴¹ A systematic review involving 70 prospective studies in patients with sepsis showed that among 46.5% of patients administered with IET, the mortality rate was 35%. IET was associated with significantly higher mortality in both unadjusted (OR=2.11) and adjusted (OR=2.05) comparisons.⁴² Another study from Wi et al demonstrated that compared to MSSA bacteraemia, IET in patients with MRSA bacteraemia was associated with a higher mortality rate (56.5% versus 2.6%, p<0.001).43 This evidence clearly suggests an increased risk of mortality with IET in MRSA infections. In addition to mortality, IET in MRSA infections can alter other clinical outcomes. A study from Zilberberg et al in patients with HA-cSSTI (MRSA in nearly 30% cases) demonstrated that IET resulted in a significantly higher frequency of decubitus ulcer, devicerelated infection, bacteraemia, and increased prolongation of hospital stay. 44 A cohort study from South western India also showed that IET was significantly associated (p=0.006) with adverse outcomes. 19

Inappropriate therapy is also associated with increased hospital stay which eventually leads to increased cost for critically ill patients. An initial appropriate therapy was associated with reduced length of hospital stay (7.1 versus 9.3 days, p=0.05) and decreased median crude cost (\$13,688 versus \$19,427; p=0.01) as compared to patients on initial inappropriate therapy.⁴⁵ A similar study on patients with complicated intra-abdominal infection reported an additional 5.3 hospitalised days and \$3,287 additional hospital cost incurred to patients with failed initial empirical antibiotic therapy.⁴⁶

The importance of appropriate empirical antibiotic therapy is not restricted to in-patients but is equally vital in the outpatient setting as well. In a study from the ambulatory clinic, Szumowski et al demonstrated that the sensitivity of the pathogen to empiric antibiotic therapy in MRSA-SSTI was associated with better clinical resolution (OR=5.91).⁴⁷ Another study reported higher rates of treatment failure in MRSA cellulitis if the strains were not sensitive to the initial empirical antibiotic (71% versus 47%, p<0.001).⁴⁸

LIMITATIONS OF EXISTING ANTI-MRSA AGENTS AS EMPIRIC TREATMENTS

Currently, various agents are available for the initial empirical management of MRSA infections. Vancomycin and Teicoplanin are the most commonly used antibiotic for the empirical management of most MRSA infections. Other agents include clindamycin, TMP-SMX, linezolid, daptomycin and newly approved ceftaroline and telavancin which are used for the treatment of gram positive infections. However, these agents have certain limitations which restrict their clinical use in patients suffering from pneumonia, bone and joint infections, diabetic foot infections (DFI) and blood stream infections (BSI). ⁴⁹ Table 3 summarizes the common limitations of the currently available anti-MRSA agents approved in India.

NEWER DRUGS FOR MRSA

With increasing resistance to existing antibiotics, there is a need to research and develop novel therapies to manage MRSA infections. There has been substantial progress in identifying newer antibiotics that can effectively manage MRSA. Ideal empiric agent should possess the favorable pharmacokinetic (PK) and pharmacodynamics (PD) profiles, should be active against a wide range of pathogens, be safe and tolerable and available as an oral as well as parenteral formulation. Here, we briefly discuss recent novel therapies with a potential for usage as an empirical antibiotic in MRSA infections.

Newer approved anti-MRSA agents in India

Ceftaroline

Ceftaroline fosamil is an injectable fifth generation cephalosporin which has been approved for the treatment of adult patients with acute bacterial skin and skinstructure infections, community-acquired bacterial

pneumonia (CABP) and concurrent bacteremia in India (year: 2016). Ceftaroline has activity against MRSA, penicillin resistant streptococcus spp. and respiratory gram negative pathogens like Haemophilus influenzae and Moraxella catarrhalis. It has potential benefit in the treatment of severe and refractory MRSA infections of various organ systems and is well tolerated. However, recent safety studies have shown agranulocytosis as an adverse event complicating 13% of treatment courses and long term therapy is associated with increased risk of neutropenia.50 Ceftaroline has poor lung concentration, with only 23% of the initial dose reaching the epithelial lining fluid and being a β-lactam agent, it does not have activity against atypical respiratory pathogens and hence, cannot be used as monotherapy in CABP patients with suspected involvement of atypical pathogens.51

Levonadifloxacin

Of all the newer anti- MRSA agents, Levonadifloxacin is the only one that has been indigenously researched, developed and approved in India. Levonadifloxacin (intravenous) and alalevonadifloxacin (oral prodrug) are broad spectrum, benzoquinolizine subclass of quinolones which have potent antimicrobial activity against quinolone-resistant S. aureus (QRSA), MRSA and hVISA isolates. It has recently been granted approval for indications; ABSSSI, diabetic foot infections (DFI) and concurrent bacteraemia. Spectrum of activity against gram-positive, quinolone-susceptible gramnegative, anaerobes and atypical pathogens suggest their potential utility in resistant polymicrobial infections. It has rapid bactericidal activity against MRSA and QRSA even under high bacterial density. In a comparative study, levonadifloxacin exhibited anti-biofilm activity where it showed consistent killing of MRSA and QRSA embedded biofilms when compared with other agents which showed static or variable cidal action.⁵² Additionally, unlike other fluoroquinolones that deteriorate in acidic conditions, levonadifloxacin exhibited enhanced activity in a pH of 5.5 which increases its therapeutic potential in intracellular infections and other clinical conditions with acidic environment.53

Levonadifloxacin has been reported to have excellent lung tissue penetration along with superior PK/PD profile coupled with immunomodulatory property where it attenuates TNF α and IL-6 production. 54,55 This characteristic property bestows levonadifloxacin with favourable clinical outcomes in MRSA pneumonia. Moreover, narrow mutant selection window and not being a substrate of NorA efflux pump, imparts levonadifloxacin with an enhanced resistance suppression potential. Therefore, levonadifloxacin has a strong potential for empiric management of serious infections with suspected MRSA. Table 4 elucidates efficacy and adverse events between currently available anti-MRSA agentslevonadifloxacin, vancomycin, teicoplanin, linezolid, daptomycin and ceftaroline.

Table 1: Guideline recommendations on initial antibiotic therapy for MRSA in adults.

MRSA infection	IDSA ⁷	MOHFW, India ³³	
SSTIs			
SSTIs	Clinda, TMP-SMX, Doxy/Mino, Linez (1-2 weeks)		
cSSTIs	Vanco, Linez, Dapto, Telavan, Clinda (1-2 weeks)		
Bacteraemia			
Uncomplicated	Vanco, Dapto (2 weeks)		
Complicated	Vanco, Dapto (4-6 weeks)	-	
Infective endocarditis			
Native valve	Vanco, Dapto (6 weeks)	Vanco (6 weeks)	
Prosthetic valve	Vanco + Rifa (6 weeks) + Genta (2 weeks)	Vanco + Genta (only 2 weeks) + Rifa (6-8 weeks)	
Pneumonia			
HA or CA-MRSA	Vanco, Linez, Clinda (1-3 weeks)	Vanco + Cefta, Vanco + Pipe-Tazo (1 week)	
Bone and joint infections			
Osteomyelitis Vanco, Dapto, TMP-SMX + Rifa, Linez, Clinda (weeks)		Vanco, TMP-SMX + Rifa (4-6 weeks)	
Septic arthritis	Vanco, Dapto, TMP-SMX + Rifa, Linez, Clinda (3-4 weeks)	Vanco, TMP-SMX + Rifa (4-6 weeks)	
Device related	evice related [Vanco, Dapto, Linez, Clinda] + Rifa (2 week) f/b Rifa + [FQ, TMP-SMX, Tetra, Clinda] (3-6 months)		
CNS infections			
Meningitis	Vanco±Rifa (2 weeks), Linez, TMP-SMX	Vanco (7-10 days)	
Brain/spinal epidural abscess	Vanco±Rifa (4-6 weeks), Linez, TMP-SMX		
Septic thrombosis of sinus (dual venous/cavernous)	Vanco±Rifa (4-6 weeks), Linez, TMP-SMX		

SSTI: Skin and soft tissue infections; cSSTI: complicated skin and soft tissue infections; Clinda: clindamycin; TMP-SMX: trimethoprim-sulphamethoxazole; Doxy/Mino: doxycycline/minocycline; Linez: linezolid; Vanco: vancomycin; Dapto: daptomycin; Telavan: telavancin; Rifa: rifampicin; Genta: gentamycin; Cefta: ceftaroline; Pipe-Tazo: piperacillin-tazobactam; FQ: fluoroquinolones; Tetra: tetracyclines

Table 2: Clinical outcomes with inappropriate empirical therapy in MRSA infections.

Author (year)	Population	Groups	Outcomes	
Kim et al (2006) ³⁸	S. aureus bacteraemia (n=238)	IET versus AET	Mortality Unmatched, univariate: 39% versus 28% (p=0.09) Matched, multivariate: 32% versus 28% (p=0.42)	
Paul et al (2010) ⁴⁰	MRSA bacteraemia (n=510)	IET versus AET	30-day mortality: 49.1% versus 33.3% (p=0.001)	
Zilberberg et al (2010) ⁴⁴	HA-cSSTI (n=717) (MRSA~30%)	IET versus AET	Decubitus ulcer: 29.5% versus 10.9% (p<0.001) Device-associated infection: 42.6% versus 28.6% (p=0.004) Bacteremia: 68.9% versus 57.8% (p=0.028) Increased length of hospital stay by 1.8 days Hospital mortality: 7.4% versus 6.4% (p=0.710)	
Andersson et al (2019) ⁵⁶	Community-onset sepsis and septic shock (n=90)	IET versus AET	28- day mortality was 46.4% among the high-risk patients who received IET compared with 12.5% with AET	

MRSA: Methicillin resistant *Staphylococcus aureus*; IET: inappropriate empirical therapy; AET: appropriate empirical therapy; cSSTI: complicated skin and soft tissue infections

Table 3: Limitations of the currently available anti-MRSA agents approved in India.

Treatment	Mechanism of action	Spectrum/cidality	Limitations
		Narrow spectrum	
Vancomycin ^{57,} 58	Targets cell wall synthesis	coverage	Nephrotoxicity
	(Bind to terminal D-ala-D-ala chains on	Slow bactericidal	Redman syndrome
	peptidoglycan in the cell		MIC creep, hVISA development
	wall, preventing further		Variable tissue penetration
	elongation of		Dose adjustment required in renal patients
	peptidoglycan chains)		Therapeutic drug monitoring (TDM) is
		NY .	recommended
		Narrow spectrum	Nephrotoxicity
		coverage Slow bactericidal	MIC creep
		Slow bactericidal	2–3 days required to reach
Teicoplanin ^{59,60}	Inhibits cell wall synthesis		therapeutic levels, even with loading dose
текоршин	minoits cen wan synthesis		Variable tissue penetration
			Dose adjustment required in renal patients
			Therapeutic drug monitoring (TDM) is
			recommended
		Narrow spectrum coverage	Thrombocytopenia
	Inhibits protein synthesis	Bacteriostatic	Bone marrow suppression
Linezolid ^{61,62}	by binding to 50s		Peripheral and optic neuropathy
	ribosomal subunit		Serotonin syndrome
			Limited efficacy in bacteraemia or
		N. C	endocarditis
D	Disrupts cell membrane, leading to rapid depolarization and cell death	Narrow spectrum of coverage	Inactivated by pulmonary surfactant
Daptomycin ^{63,}		Bactericidal activity	Skeletal muscle toxicity
			Potential for cross resistance with hVISA
			Dose adjustment in renal patients
Tigecycline ^{65,66}	Inhibits protein synthesis by binding to 30s ribosomal subunit	Broad spectrum coverage	Not useful for lung and blood stream infections
		Bacteriostatic	Black box warning from the USFDA for
rigecycline			all-cause mortality
	SSOMM SWOMM		Low serum levels
			Poor tissue penetration
Clindamycin ^{67,}	Inhibits protein synthesis	Broad spectrum coverage	Increased constitutive and inducible resistance
	by binding to 50s ribosomal subunit	Bacteriostatic	Clostridium difficile colitis
	110080IIIai Subullit		Antibiotic associated diarrhoea
Rifampicin ^{69,70}	Inhibits bacterial DNA dependent RNA polymerase thereby inhibiting bacterial transcription	Broad spectrum coverage	Increased risk of drug interactions
		Bacteriostatic/ bactericidal activity	Hepatotoxicity
			Rapid development of resistance
			Restriction due to TB in third world
		NY.	countries
Ceftaroline ^{71,72}	Binds to penicillin binding protein (PBP2a) and	Narrow spectrum coverage	Poor intracellular concentration
	inhibits the synthesis of the	Bactericidal activity	Dose adjustment in renal patients
	peptidoglycan layer of		Cannot be used as monotherapy in CABP
	bacterial cell walls		Clostridium difficile-associated diarrhea

Table 4: Comparative efficacy and safety parameters between anti-MRSA agents. 57-72

Properties	Levonadiflox acin	Vancomycin/teicoplanin	Linezolid	Daptomycin	Ceftaroline
Dose	800mg BID (I.V) 1000 mg BID (oral)	Vancomycin: 0.5g QID or 1g BID Teicoplanin: 400 mg BID (loading dose); 400 mg OD (maintenance dose)	600 mg BID	500 mg OD	600 mg BID
Spectrum	Broad	Narrow	Narrow	Narrow	Broad
Formulation	IV and Oral	I.V only	IV and Oral	I.V only	I.V only
Bacterial killing	Cidal	Slow bactericidal	Static	Cidal	Cidal
Major adverse effects	None	Nephrotoxicity	Bone marrow suppression	Muscle toxicity	Diarrhoea, nausea, and rash
Lung tissue concentration	Excellent	Poor	Good	Not active	Poor
Biofilm action	Potent	No	Moderate	No	No
Dose adjustment in RI	No	Yes	No	Yes	Yes
Dose adjustment in HI	No	No	Yes	No	No

CONCLUSION

MRSA remains a serious threat globally and necessitates timely management. Appropriate empiric therapy is a strong pillar of antibiotic stewardship in decreasing mortality, morbidity and hospitalization costs. Limitations of current antibiotics call for new and effective anti-MRSA antibiotic which can potentially be used in severe invasive infections as well as on outpatient basis. Newer antibiotics, ceftaroline and levonadifloxacin cater to the unmet clinical needs and hold promise to be considered as an appropriate initial antibiotic therapy for invasive MRSA infections. However, watchfulness will be necessary to avoid unmonitored use to prevent the development of resistance to these novel antibiotics. We look forward to more studies in these areas, especially from those countries where hospital acquired infection burden is high.

Funding: No funding sources Conflict of interest: None declared Ethical approval: Not required

REFERENCES

- 1. Abou Fayad A, Itani D, Miari M, Tanelian A, Iweir S, Matar GM. From bugs to drugs: Combating antimicrobial resistance by discovering novel antibiotics. J Infect Dev Ctries. 2018;12(2.1):3.
- 2. Hassoun A, Linden PK, Friedman B. Incidence, prevalence, and management of MRSA bacteremia across patient populations-a review of recent developments in MRSA management and treatment. Crit Care. 2017;21(1):211.
- Cosgrove SE, Sakoulas G, Perencevich EN, Schwaber MJ, Karchmer AW, Carmeli Y. Comparison of mortality associated with methicillin-

- resistant and methicillin-susceptible Staphylococcus aureus bacteremia: a meta-analysis. Clin Infect Dis. 2003;36(1):53-9.
- Shurland S, Zhan M, Bradham DD, Roghmann MC. Comparison of mortality risk associated with bacteremia due to methicillin-resistant and methicillin-susceptible Staphylococcus aureus. Infect Control Hospital Epidemiol. 2007;28(3):273-9
- 5. World Health Organization. Antimicrobial resistance-Global Report on Surveillance. Available at: https://apps.who.int/iris/bitstream/handle/10665/112642/9789241564748_eng.pdf;jsessionid=706BB 0FB86C3CF02B0082119E4BCFD32?sequence=1. Accessed on 15 May 2020.
- 6. AMRSN Annual Report. Indian Council of Medical Research. Available at: https://www.icmr.nic.in/sites/default/files/reports/AMRSN_Annual_Report_2018_0.pdf. Accessed on 14 April 2020.
- Liu C, Bayer A, Cosgrove SE, Daum RS, Fridkin SK, Gorwitz RJ, et al. Clinical practice guidelines by the infectious diseases society of america for the treatment of methicillin-resistant Staphylococcus aureus infections in adults and children. Clin Infect Dis. 2011;52(3):18-55.
- 8. Nathwani D, Morgan M, Masterton RG, Dryden M, Cookson BD, French G, et al. Guidelines for UK practice for the diagnosis and management of methicillin-resistant Staphylococcus aureus (MRSA) infections presenting in the community J Antimicrob Chemother. 2008;61(5):976-94.
- Indian Network for Surveillance of Antimicrobial Resistance (INSAR) group, India. Methicillin resistant Staphylococcus aureus (MRSA) in India: Prevalence & susceptibility pattern. Indian J Med Res. 2013;137:363-9.

- 10. Kumar M. Multidrug-resistant Staphylococcus aureus, India, 2013–2015. Emerg Infect Dis. 2016;22(9):1666-7.
- 11. Mohanty S, Behera B, Sahu S, Praharaj AK. Recent pattern of antibiotic resistance in Staphylococcus aureus clinical isolates in Eastern India and the emergence of reduced susceptibility to vancomycin. J Lab Physicians. 2019;11(4):340-5.
- Husain A, Rawat V, Umesh, Kumar M, Verma PK. Vancomycin, linezolid and daptomycin susceptibility pattern among clinical isolates of methicillinresistant Staphylococcus aureus (MRSA) from Sub-Himalyan Center. J Lab Physicians. 2018;10(2):145-8.
- 13. Amberpet R, Sistla S, Sugumar M, Nagasundaram N, Manoharan M, Parija SC. Detection of heterogeneous vancomycin-intermediate Staphylococcus aureus: A preliminary report from south India. Indian J Med Res. 2019;150:194-8.
- 14. Goering RV, Shawar RM, Scangarella NE, O'Hara FP, Amrine-Madsen H, West JM, et al. Molecular epidemiology of methicillin-resistant and methicillin-susceptible Staphylococcus aureus isolates from global clinical trials. J Clin Microbiol. 2008;46(9):2842-7.
- Steinig EJ, Andersson P, Harris SR, Sarovich DS, Manoharan A, Coupland P, et al. Single-molecule sequencing reveals the molecular basis of multidrugresistance in ST772 methicillin-resistant Staphylococcus aureus. BMC Genomics. 2015;16(1):388.
- Chakrakodi B, Prabhakara S, Nagaraj S, J. Etienne, G. Arakere. High Prevalence of Ciprofloxacin Resistance in Community Associated Staphylococcus aureus in a Tertiary Care Indian Hospital. Adv Microbiol. 2014;4(2):133-41.
- 17. Steinig EJ, Duchene S, Robinson DA, Monecke S, Yokoyama M, Laabei M, et al. Evolution and Global Transmission of a Multidrug-Resistant, Community-Associated Methicillin-Resistant Staphylococcus aureus Lineage from the Indian Subcontinent. mBio. 2019;10(6):e01105-19.
- 18. Gupta S, Mishra B, Thakur A, Dogra V, Loomba PS, Jain M, et al. Risk factors associated with MRSA. Southern Af J Infect Dis. 2018;33(3):76-9.
- 19. Chatterjee A, Rai S, Guddattu V, Mukhopadhyay C, Saravu K. Is methicillin-resistant Staphylococcus Aureus infection associated with higher mortality and morbidity in hospitalized patients? A cohort study of 551 patients from South Western India. Risk Manag Healthc Policy. 2018;11:243-50.
- Hershow RC, Khayr WF, Smith NL. A comparison of clinical virulence of nosocomially acquired methicillin-resistant and methicillin-sensitive Staphylococcus aureus infections in a university hospital. Infect Control Hosp Epidemiol. 1992;13(10):587-93.
- 21. Engemann JJ, Carmeli Y, Cosgrove SE, Fowler VG, Bronstein MZ, Trivette SL, et al. Adverse clinical and economic outcomes attributable to methicillin

- resistance among patients with Staphylococcus aureus surgical site infection. Clin Infect Dis. 2003;36(5):592-8.
- Siddiqui AH, Koirala J. Methicillin Resistant Staphylococcus Aureus (MRSA). In: StatPearls. Treasure Island (FL): StatPearls Publishing. 2020.
- 23. Hanberger H, Walther S, Leone M, Barie PS, Rello J, Lipman J, et al. Increased mortality associated with methicillin-resistant Staphylococcus aureus (MRSA) infection in the intensive care unit: results from the EPIC II study. Int J Antimicrob Agents. 2011;38(4):331-5.
- 24. Chen SY, Wang JT, Chen TH, Lai MS, Chie WC, Chien KL, et al. Impact of traditional hospital strain of methicillin-resistant Staphylococcus aureus (MRSA) and community strain of MRSA on mortality in patients with community-onset S aureus bacteremia. Medicine (Baltimore). 2010;89(5):285-94
- 25. Combs K, Cox K. Clinical outcomes involving patients that develop septic arthritis with methicillin sensitive staphylococcus aureus versus methicillin resistant staphylococcus aureus. J Orthop. 2017;15(1):9-12.
- 26. Anderson DJ, Kaye KS, Chen LF, Schmader KE, Choi Y, Sloane R, et al. Clinical and financial outcomes due to methicillin resistant Staphylococcus aureus surgical site infection: a multi-center matched outcomes study. PLoS One. 2009;4(12):e8305.
- 27. Cosgrove SE, Qi Y, Kaye KS, Harbarth S, Karchmer AW, Carmeli Y. The impact of methicillin resistance in Staphylococcus aureus bacteremia on patient outcomes: mortality, length of stay, and hospital charges. Infect Control Hosp Epidemiol. 2005;26(2):166-74.
- 28. de Kraker ME, Davey PG, Grundmann H. Mortality and hospital stay associated with resistant Staphylococcus aureus and Escherichia coli bacteremia: estimating the burden of antibiotic resistance in Europe. PLoS Med. 2011;8(10):e1001104.
- Andreassen AES, Jacobsen CM, de Blasio B, White R, Kristiansen IS, Elstrøm P. The impact of methicillin-resistant S. aureus on length of stay, readmissions and costs: a register based case-control study of patients hospitalized in Norway. Antimicrob Resist Infect Control. 2017;6:74.
- Macedo-Viñas M, De Angelis G, Rohner P, Safran E, Stewardson A, Fankhauser C, et al. Burden of meticillin-resistant Staphylococcus aureus infections at a Swiss University hospital: excess length of stay and costs. J Hosp Infect. 2013;84(2):132-7.
- 31. Zhen X, Lundborg CS, Zhang M, Sun X, Li Y, Hu X, et al. Clinical and economic impact of methicillin-resistant Staphylococcus aureus: a multicentre study in China. Sci Rep. 2020;10:3900.
- 32. Wilke M, Hübner C, Kämmerer W. Calculated parenteral initial treatment of bacterial infections: Economic aspects of antibiotic treatment. GMS Infect Dis. 2020;8:3.

- Treatment Guidelines. Available at: http://www. ijmm.org/documents/Treatment_Guidelines_2019_F inal.pdf. Accessed on 20 May 2020.
- 34. Khilnani GC, Zirpe K, Hadda V, Mehta Y, Madan K, Kulkarni A, et al. Guidelines for Antibiotic Prescription in Intensive Care Unit. Indian J Crit Care Med. 2019;23(1):1-63.
- 35. Singhal T. "Rationalization of Empiric Antibiotic Therapy" A Move Towards Preventing Emergence of Resistant Infections. Indian J Pediatr. 2020;87(11):945-50.
- Robineau O, Robert J, Rabaud C, Bedos JP, Varon E, Péan Y, et al. Management and outcome of bloodstream infections: a prospective survey in 121 French hospitals (SPA-BACT survey). Infection and drug resistance. 2018;11:1359.
- 37. Marquet K, Liesenborgs A, Bergs J, Vleugels A, Claes N. Incidence and outcome of inappropriate inhospital empiric antibiotics for severe infection: a systematic review and meta-analysis. Crit Care. 2015;19(1):63.
- 38. Kim SH, Park WB, Lee CS, Kang CI, Bang JW, Kim HB, et al. Outcome of inappropriate empirical antibiotic therapy in patients with Staphylococcus aureus bacteraemia: analytical strategy using propensity scores. Clin Microbiol Infect. 2006;12(1):13-21.
- 39. Nickerson EK, Wuthiekanun V, Wongsuvan G, Limmathurosakul D, Srisamang P, Mahavanakul W, et al.Factors Predicting and Reducing Mortality in Patients with Invasive Staphylococcus aureus Disease in a Developing Country. PLoS One. 2009;4(8):e6512.
- 40. Paul M, Kariv G, Goldberg E, Raskin M, Shaked H, Hazzan R, et al. Importance of appropriate empirical antibiotic therapy for methicillin-resistant Staphylococcus aureus bacteraemia. J Antimicrob Chemother. 2010;65(12):2658-65.
- 41. Schweizer ML, Furuno JP, Harris AD, Johnson JK, Shardell MD, McGregor JC, et al. Empiric antibiotic therapy for Staphylococcus aureus bacteremia may not reduce in-hospital mortality: a retrospective cohort study. PloS one. 2010;5(7):e11432.
- 42. Paul M, Shani V, Muchtar E, Kariv G, Robenshtok E, Leibovici L. Systematic review and meta-analysis of the efficacy of appropriate empiric antibiotic therapy for sepsis. Antimicrob Agents Chemother. 2010;54(11):4851-63.
- 43. Wi YM, Rhee JY, Kang CI, Chung DR, Song JH, Peck KR. Clinical predictors of methicillin-resistance and their impact on mortality associated with Staphylococcus aureus bacteraemia. Epidemiol Infect. 2018;146(10):1326-36.
- 44. Zilberberg MD, Shorr AF, Micek ST, Chen J, Ramsey AM, Hoban AP, et al. Inappropriate Treatment of HCA-cSSTI. J Hosp Med. 2010;9;535-40.
- 45. Shorr AF, Micek ST, Kollef MH. Inappropriate therapy for methicillin-resistant Staphylococcus

- aureus: resource utilization and cost implications. Crit Care Med. 2008;36(8):2335-40.
- 46. Chong YP, Bae IG, Lee SR, Chung JW, Jun JB, Choo EJ, et al. Clinical and economic consequences of failure of initial antibiotic therapy for patients with community-onset complicated intra-abdominal infections. PLoS One. 2015;10(4):e0119956.
- 47. Szumowski JD, Cohen DE, Kanaya F, Mayer KH. Treatment and outcomes of infections by methicillin-resistant Staphylococcus aureus at an ambulatory clinic. Antimicrob Agents Chemother. 2007;51(2):423-8.
- 48. Khawcharoenporn T, Tice A. Empiric outpatient therapy with trimethoprim-sulfamethoxazole, cephalexin, or clindamycin for cellulitis. Am J Med. 2010;123(10):942-50.
- 49. Bakthavatchalam YD, Rao SV, Isaac B, Manesh A, Nambi S, Swaminathan S, et al. A comparative assessment of clinical, pharmacological and antimicrobial profile of novel anti-methicillin-resistant Staphylococcus aureus agent levonadifloxacin: Therapeutic role in nosocomial and community infections. Indian J Med Microbiol. 2019;37:478-87.
- Cosimi RA, Beik N, Kubiak DW, Johnson JA. Ceftaroline for Severe Methicillin-Resistant Staphylococcus aureus Infections: A Systematic Review. Open Forum Infect Dis. 2017;4(2):84.
- 51. Riccobene TA, Pushkin R, Jandourek A, Knebel W, Khariton T. Penetration of ceftaroline into the epithelial lining fluid of healthy adult subjects. Antimicrob Agents Chemother. 2016;60:5849-57.
- 52. Tellis M, Joseph J, Khande H, Bhagwat S, Patel M. In vitro bactericidal activity of levonadifloxacin (WCK 771) against methicillin-and quinolone-resistant Staphylococcus aureus biofilms. J Med Microbiol. 2019;26:1-8.
- 53. Bhagwat SS, Nandanwar M, Kansagara A, Patel A, Takalkar S, Chavan R, et al. Levonadifloxacin, a Novel Broad-Spectrum Anti-MRSA Benzoquinolizine Quinolone Agent: Review of Current Evidence. Drug Design, Development and Therapy. 2019;13:4351.
- 54. Rodvold KA, Gotfried MH, Chugh R, Gupta M, Yeole R, Patel A, et al. Intrapulmonary Pharmacokinetics of Levonadifloxacin following Oral Administration of Alalevonadifloxacin to Healthy Adult Subjects. Antimicrob Agents Chemother. 2018;62(3):e02297-17.
- 55. Patel A, Sangle GV, Trivedi J, Shengule SA, Thorve D, Patil M, et al. Levonadifloxacin, a Novel Benzoquinolizine Fluoroquinolone, Modulates Lipopolysaccharide-Induced Inflammatory Responses in Human Whole-Blood Assay and Murine Acute Lung Injury Model. Antimicrob Agents Chemother. 2020;64(5):e00084-20.
- 56. Andersson M, Östholm-Balkhed Å, Fredrikson M, Holmbom M, Hällgren A, Berg S, et al. Delay of appropriate antibiotic treatment is associated with high mortality in patients with community-onset

- sepsis in a Swedish setting. Eur J Clin Microbiol Infect Dis. 2019;38(7):1223-34.
- 57. Watanakunakorn C. Mode of action and in-vitro activity of vancomycin. J Antimicrob Chemother. 1984;14:7-18.
- 58. Vancomycin 1 g Powder for Solution [package insert on the internet]. Wrexham (United Kingdom): Wockhardt UK Ltd. 2008. Available at: https://www.medicines.org.uk/emc/product/6255#gr ef. Accessed on 14 January 2021.
- 59. Parenti F. Structure and mechanism of action of teicoplanin. J Hosp Infect. 1986;7:79-83.
- Targocid 200 mg powder [package insert on the internet]. Berkshire (UK): Aventis Pharma Limited. 1989. Available at: https://www.medicines.org. uk/emc/product/2926/smpc#gref. Accessed on 29 July 2021.
- 61. Hashemian SMR, Farhadi T, Ganjparvar M. Linezolid: a review of its properties, function, and use in critical care. Drug Des Devel Ther. 2018;12:1759-67.
- 62. Zyvox 600 mg film-coated tablets [package insert on the internet]. Kent: Pfizer Limited. 2001. Available at: https://www.medicines.org.uk/emc/medicine/98 57#gref. Accessed on 29 September 2021.
- 63. Miller WR, Bayer AS, Arias CA. Mechanism of Action and Resistance to Daptomycin in Staphylococcus aureus and Enterococci. Cold Spring Harb Perspect Med. 2016;6(11):a026997.
- 64. Daptomycin 350 mg powder [package insert on the internet]. Middlesex (UK): Accord Healthcare Limited. 2020. Available at: https://www.medicines.org.uk/emc/product/8766/smpc#gref. Accessed on 28 October 2021.
- 65. Greer ND. Tigecycline (Tygacil): the first in the glycylcycline class of antibiotics. Proc (Bayl Univ Med Cent). 2006;19(2):155-61.

- 66. Tygacil 50 mg powder [package insert on the internet]. Bruxelles (Belgium): Pfizer Europe. 2006. Available at: https://www.medicines.org.uk/emc/medicine/17779/SPC/Tygacil+50mg+powder+for+s olution+for+infusion/#gref. Accessed on 29 March 2021
- 67. Murphy PB, Bistas KG, Le JK. Clindamycin. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing. 2021. Accessed on 01 July 2021.
- Clindamycin 150 mg Capsules [package insert on the internet]. Surrey (UK): Sandoz Limited. 2002. Available at: https://www.medicines.org.uk/emc/ medicine/21628#gref. Accessed on 19 August 2021.
- 69. Wehrli W. Rifampin: mechanisms of action and resistance. Rev Infect Dis. 1983;5:407-11.
- Rifampicin 300 mg Capsules [package insert on the internet]. Hertfordshire (UK): Generics [UK] Limited t/a Mylan. 1986. Available at: https://www.medicines.org.uk/emc/product/8789/sm pc#gref. Accessed on 03 December 2021.
- Duplessis C, Crum-Cianflone NF. Ceftaroline: A New Cephalosporin with Activity against Methicillin-Resistant Staphylococcus aureus (MRSA). Clin Med Rev Ther. 2011;3:a2466.
- 72. Zinforo 600 mg powder [package insert on the internet]. County Cork (Ireland): Pfizer Ireland Pharmaceuticals. 2012. Available at: https://www.ema.europa.eu/en/documents/product-information/zinforo-epar-product-information_en.pdf. Accessed on 24 April 2021.

Cite this article as: Reddy PK, Sutar A, Sahu S, Thampi B, Keswani N, Mehta KD. Methicillin resistant Staphylococcus aureus - importance of appropriate empirical therapy in serious infections. Int J Adv Med 2022;9:56-65.