

Review Article

Digital homeopathy, the method of comprehensive digital medicine leads to health promotion by curing diseases of various organs, as well as of immune, endocrine and nervous systems, of human body

Abhijit Biswas*, Krishnan Ramasubramanian

Indian Association for the Cultivation of Science, Kolkata, West Bengal, India

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*Correspondence:

Dr. Abhijit Biswas,

E-mail: godopy@gmail.com

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ABSTRACT

Health promotion methodology of digital-homeopathy is very useful to achieve and maintain near zero disease-levels in the various organs and the immune, endocrine and nervous systems of any human being, for all health-conscious persons, who want to continue sincerely with the preventive medicines of digital-homeopathy and evolved-homeopathy, and occasional gas-discharge-visualization (GDV) check-up, as may be necessary. The methodology of evolved-homeopathy utilizes medicines of digital-homeopathy and evolved-homeopathy for prevention and cure, according to the first fundamental-principle of cure ("prevention is better than cure"). True "nipping in the bud" of any disease from a patient's body is possible only when the treatment starts based not on a patient's perception of symptom(s) but on a whole-body diagnostic chart generated by a sophisticated device like the GDV scanner. Based on the experience of the persons who are utilizing the side-effect free preventive and curative medicines of digital-homeopathy and evolved-homeopathy for preventing and curing problems of various organs and systems, to achieve near zero disease-level, it is clear that the methodology of digital-homeopathy and evolved-homeopathy for health promotion, is very effective. It seems evident that for the sincere followers of the three fundamental-principles of cure as detailed below, health promotion methodology of digital-homeopathy and evolved-homeopathy, is very beneficial. When the condition of near zero disease-levels in the various organs and systems of a person's body, is achieved, about 20-years age-reduction is felt along with improvement of physical and mental stamina and increment in longevity.

Keywords: Digital medicine, Health promotion, Preventive medicine, Digital homeopathy, Stress-related disorders, Anxiety, Evolved homeopathy

INTRODUCTION

Digital medicine is defined by National Institutes of Health (NIH), USA, as a medicine that utilizes software and algorithmically driven products to measure or intervene for improving human health.¹ Digital homeopathy meets this definition of digital medicine in a comprehensive way because it simultaneously takes care of not only all the organs of a patient's body, but also his/her immune, endocrine and nervous systems.

Health promotion methodology utilizing the side-effect free preventive and curative medicines of digital homeopathy and evolved homeopathy, is very useful to achieve and maintain near zero disease-levels in the various organs and systems of all health-conscious persons, but they need to continue sincerely with the preventive medicines of digital homeopathy and evolved homeopathy, and occasional gas discharge visualization (GDV) check-up, as may be necessary.

As mentioned in a previously published paper, evolved homeopathy is based on three fundamental-principles of cure: prevention is better than cure, nipping in the bud, and identification of the exciting or primary cause for acute diseases (note- aphorism 5, Organon of medicine, S. Hahnemann), for achieving rapid cure and future prevention.²

In another previously published paper, it has been described how the preventive methodology of evolved homeopathy can be used by any person to maintain his/her heart, cardiovascular system and coronary vessels at near zero disease-levels.³ By following the three fundamental-principles of cure mentioned above, it is possible to prevent and even cure angina in the very initial stages; and, by then whatever little dead tissue forms in the myocardia and its associated muscles, those can be eliminated by using one evolved homeopathy medicine as and when required. Also, to avoid recurrence of further angina attack, preventive medicines need to be taken as and when required, to eliminate the effect of the exciting or the primary cause.

This paper presents ways to prevent and cure problems of various organs and systems using evolved homeopathy medicines and digital homeopathy medicine (note- digital homeopathy medicine is used for those persons who opt for it); and, achieve this by utilizing a sophisticated whole-body diagnostic device like the GDV scanner, details of which are given in a previously published paper.²

METHODS

GDV whole-body diagnostic system

To abide by the second fundamental-principle of cure of evolved homeopathy, that is, “nipping in the bud” of any disease from a patient’s body, is truly possible only when the treatment starts based not on patient’s perception of symptom(s), but on a sophisticated whole-body diagnostic chart generated by a device like the GDV camera, as will be clear from the detailed explanations given in a previously published paper.²

For example, disease-levels due to problems in heart, coronary vessels, cardiovascular system, liver, stomach, lungs, as well as immune, nervous and endocrine system, are indicated in the GDV diagnostic report.

For health promotion, near zero disease-levels in the various organs of human body, as well as immune, nervous and endocrine system, are achieved by using the sophisticated GDV device as an important tool.

Evolved-homeopathy and COVID-19 era

As explained in a previously published paper, Evolved homeopathy is an evolved version of “advanced-homeopathy” (which can be called “specific homeopathy”, as developed over a few generations by Banerji et al of

Prasanta Banerji Homeopathic Research Foundation {PBHRF}, Calcutta.).² The need for evolved homeopathy has arisen during the COVID era, as it has been observed that many diseases during the COVID era, are stress-related disorders, and this is true for larger section of patients (including even children and teenagers) and for more diseases.

Now, potencies lower than those specified in advanced-homeopathy, has been found many a times to be more useful to avoid medicinal aggravation due to the basic homeopathic principle: “similia similibus”.

Health promotion methodology of evolved homeopathy had been found to be very useful for any human being for maintaining his/her liver, stomach, heart, lungs, coronary vessels, and cardiovascular system, as well as immune, nervous, and endocrine system, at near zero disease-levels, based on the occasional check-up using the sophisticated GDV whole-body diagnostic system.

Prevention is better than cure

Six following medicines may be taken daily (once for persons having moderate tension-ridden lifestyles, and twice for persons having excessive tension-ridden lifestyles) for prevention of liver, stomach, lungs and heart problems, as mentioned with references in our previously published papers: *Cocculus Ind.* 2x; *Crataegus Oxy.* 2x (a heart tonic); *Cactus Gr.* 2x; *Chelidonium Majus* 2x; *Ipecacuanha* 2x; and *Colocynthis* 2x.^{3,4}

It is noteworthy to mention that these medicine doses should always be taken, keeping 20-minutes gap (from any consumption of drinks or food), both before and after the medicine doses.

If any medicine is observed to lead to aggravation even at 2x potency (due to the action of the basic homeopathic principle: “similia similibus”), then 1x potency, should be tried; in case, even 1x potency is found to lead to aggravation, then mother-tincture (Q) itself (without diluting with water or anything), should be used.

Nipping in the bud

The regular dosage of the few medicines mentioned in the previous section will prevent ailments of heart, coronary vessels, cardiovascular system, liver, stomach, and lungs, for most of the persons having moderate tension-ridden lifestyles, except for those few who are having excessive tension-ridden lifestyles (for them two doses daily will be required). These medicines cure the disease of various organs of human body by nipping the diseases in the bud stage, after these are caused by any of the psychological tensions (viz., anxiety, irritability and anger).

However, freshly generated digital homeopathy medicine works simultaneously for all the organs and systems, and

quickly cures all organ and system problems that are near even to the bud stage.

RESULTS

Based on the experience of the persons who are utilizing the side-effect free preventive medicines of evolved homeopathy for preventing problems of various organs and systems to achieve near zero disease-levels, it is clear that the methodology of evolved homeopathy for health promotion is very effective. However, this can be quite tedious, costly and time consuming, sometimes in case of some particular organ. We are continuously striving to improve health promotion methodology of evolved homeopathy. Thus, we found that the effect of digital homeopathy medicine is quicker and good in improving the conditions of various organs and Endocrine and other systems simultaneously.

DISCUSSION

Digital homeopathy is a system of comprehensive digital medicine that is used for health promotion by curing diseases of not only the various organs, but also the immune, endocrine and nervous systems, even at the bud stage. Hence, for persons who are regularly taking digital homeopathy medicine starting from childhood (say, from the age of five years), will have their all organs and systems so perfected that their bodies are unlikely to grow tumors.

Immune system

Our immune system is a complex network of cells, organs and suitable proteins that defends the body against any infection, while protecting the body's own cells; the immune system (the adaptive immune system) keeps a record of every germ (bacteria or virus) that has ever invaded, in types of white blood cells (T-lymphocytes and B-lymphocytes) known as memory cells. so that it can recognize and destroy the germ quickly if it enters the body again.^{6,7}

The main parts of the immune system are: white blood cells (these are made in our bone marrow and are part of the lymphatic system), antibodies or immunoglobulins (protective proteins) (these mark the microbe or toxin as being foreign. The antibodies then mark these antigens or foreign proteins, for destruction), complement system (which increases the efficiency of the phagocytes), or a group of blood proteins, lymphatic system (which is a network of delicate tubes and nodes, throughout the body. Its main roles are to: manage the fluid levels in the body, react to bacteria, deal with cell products that otherwise would result in disease or disorders, deal with cancer cells, and absorb some of the fats in our diet from the intestine. The lymphatic system is made up of: lymph nodes (also called lymph glands) – which trap microbes; lymph vessels or tubes that carry lymph, which is the colourless fluid that contains infection-fighting white blood cells

(lymphocytes) and that bathes our body's tissues; spleen (it is a blood-filtering organ that removes microbes and destroys old or damaged red blood cells. It also creates disease-fighting components of the immune system {including lymphocytes and antibodies}); bone marrow (it is the spongy tissue found inside our bones. It produces the red blood cells our bodies need to carry oxygen, the white blood cells (lymphocytes) our body uses to fight infection, and the platelets our body need to help our blood clot when necessary); and thymus (It filters and monitors our blood content, and produces the white blood cells called T-lymphocytes).^{6,7}

As mentioned in our previously published papers, the GDV diagnostic chart for a typical allopathy patient, who reports to the doctor after perception of a symptom, generates values for the immune system as follows: 1.27 (for left side) and 0.60 (for right side), and 1.07 and 0.86.^{2,5} Whereas, the persons who have undergone health-promotion using evolved homeopathy and/or digital homeopathy have the corresponding values for their immune system as follows: <0 and <0, and <0 and 0.04.

Spleen

It is a blood-filtering organ that removes microbes and destroys old or damaged red blood cells. It also creates disease-fighting components of the immune system (including lymphocytes and antibodies).

As mentioned in our previously published papers, the GDV diagnostic chart for a typical allopathy patient, who reports to the doctor after perception of a symptom, generates values for the spleen as follows: 1.06 (for left side) and 0.88 (for right side), and 0.97 and 1.40.^{2,5} Whereas, the persons who have undergone health-promotion using evolved homeopathy and/or digital homeopathy have the corresponding values for their spleen as follows: <0 and <0, and 0.03 and <0.

Function of immune system and spleen, vis-a-vis growth of tumors

In connection with the growth of tumors, the National Cancer Institute (NCI) of USA, states that the cancer cells: hide themselves from the immune system, the immune system normally eliminates damaged or abnormal cells; and trick the immune system into helping cancer cells stay alive and grow. For instance, some cancer cells convince immune cells to protect the tumor instead of attacking it.⁸

Immune system cells can detect and attack cancer cells. But some cancer cells can avoid detection or thwart an attack. Some cancer treatments can help the immune system better detect and kill cancer cells.⁸

As mentioned in our previously published papers, the GDV diagnostic chart for a typical allopathy patient, who reports to the doctor after perception of a symptom, generates values for the immune system as follows: 1.27

(for left side) and 0.60 (for right side), and 1.07 and 0.86.^{2,5} Whereas, the persons who have undergone health-promotion using evolved homeopathy and/or digital homeopathy have the corresponding values for their immune system as follows: <0 and <0, and <0 and 0.04. In other words, the typical allopathy patients (or, any other patients whose disease level of not only the various organs, but also the endocrine system, nervous system and immune system has not been brought down and maintained at near-zero values, as is done while doing health-promotion using evolved homeopathy and digital homeopathy) have partly-diseased immune system including spleen; hence, cancer cells are able to hide from, or trick the immune system into helping cancer cells stay alive and grow. Whereas, persons who have undergone health-promotion using evolved homeopathy and/or digital homeopathy, have all their organs and systems (including immune system and spleen) so perfected that tumors are unlikely to form and grow in their bodies.

Endocrine system

The fact that human body is endowed with its own natural healing system, is recognized wholly or partly in most traditional or modern healing methodologies developed so far. This system consists of the hypothalamus and endocrine glands, which secrete various hormones that control and coordinate different functions of the body: metabolism, reproduction, energy level, growth and development, as well as response to stress, injury, and mood.⁹

For example, when there is secretion of less thyroid hormones from the thyroid glands.^{9,10} (Note- the thyroid gland produces thyroid hormones that regulate the body's metabolic rate {and calcitonin level, which helps to regulate calcium levels in the body, that is essential for muscle contraction, cell function, the transmission of nerve impulses, and also blood clotting, growth and development.¹¹ It has a role in controlling the heart, muscle and digestive functions, bone maintenance as well as brain development. Its correct functioning depends on an adequate supply of iodine from the diet), the hypothalamus releases thyrotropin releasing hormone (TRH), which in turn, helps the pituitary gland (alternately called, hypophysis, a term used in the GDV whole-body diagnostic chart) according to a feedback mechanism to release more thyrotropin or thyroid stimulating hormone (TSH) that stimulates the thyroid gland in turn to generate and release more thyroxine (T4) and triiodothyronine (T3) hormones.¹²⁻¹⁴ Thus, the natural healing system of any human body acts to correct the minor imbalances in the system, and heals a body part or organ at the initial stages of any disease and maintains them in a healthy state, until a limiting condition is reached. In conventional medicine (allopathy), TSH and free thyroxine index (FT⁴I) are the two common blood tests used to diagnose patients with hypothyroidism, and to determine whether the dose of synthetic thyroxine medication needs to be started or adjusted. As mentioned in our previously published

papers, the GDV diagnostic chart for a typical allopathy patient, who reports to the doctor after perception of a symptom, generates values for the thyroid gland as follows: 1.37 (for left side) and 0.87 (for right side), and 1.17 and 1.40.^{2,5} Whereas, the persons who have undergone health-promotion using evolved homeopathy and/or digital homeopathy have the corresponding values for their thyroid gland as follows: <0 and <0, and 0.2 and 0.48; so these patients can avoid thyroxine, as well as problems due to its associated complications (overdose, and underdose) and side-effects.

From the point of view of energy flow and its interaction in human body, this thyroid-related imbalance is sensed as a higher energy-level activity at the relevant meridians or acupuncture points on and below the surface of the skin. This energy-level is high due to the response of the natural healing system to counter the condition of hypothyroidism; but, even this energy-level fails to correct the situation beyond a certain limit that corresponds to its intensity. The technology of digital homeopathy, enables the system to amplify this energy signal further and extract it for feeding it back to the patient's body in the form of orally-consumable digital homeopathy medicine; thus, digital homeopathy can cure for example, this condition of hypothyroidism, beyond the capability limit of the patient's natural healing system, without needing any synthetic thyroxine medication (as is the usual practice in case of conventional medicine); thus, all consequential problems associated with the complications (overdose, and underdose) and side-effects of synthetic thyroxine medication can be avoided.

However, when any organ or its associated system, or both, in a patient's body have got excessively damaged or become incurable, then amplifying the corresponding signal and feeding the same back to the patient's body as digital homeopathy medicine, may not help to regain the original healthy condition. Hence, it is better to use digital homeopathy at the initial stages, when the organs or systems are only moderately affected, so as to maintain them in a healthy condition. Such a strategy will be useful to individuals who aim to avoid (or minimize) surgery or organ transplant in later part of their lives. In other words, the full potential of this system can be achieved by its judicious utilization by health-conscious individuals, as an effective methodology for health promotion.

Pituitary gland (alternately called, hypophysis)

It is the most important endocrine gland, and is sometimes referred to as the master gland.¹⁵ It regulates and controls the activities of not only other endocrine glands but also many body processes. It is a pea-sized structure attached by a trunk of nerve fibers to the hypothalamus. The anterior lobe produces growth hormone; prolactin; ACTH; thyroid-stimulating hormone (TSH), which stimulates hormone production by the thyroid gland; the gonadotrophins follicle stimulating hormone (FSH) and luteinizing hormone (LH); and melanocyte-stimulating

hormone (MSH), which controls darkening of the skin. The posterior pituitary secretes ADH and oxytocin.

As mentioned in our previously published papers, the GDV diagnostic chart for a typical allopathy patient, who reports to the doctor after perception of a symptom, generates values for the pituitary gland as follows: 1.41 (for left side) and 0.97 (for right side), and 1.31 and 1.82.^{2,5} Whereas, the persons who have undergone health-promotion using evolved homeopathy and/or digital homeopathy have the corresponding values for their pituitary gland as follows: <0 and <0, and 0.28 and 0.28.

Pineal gland (alternately called, epiphysis)

It is noteworthy to mention that the term epiphysis used in the GDV whole-body diagnostic chart, is an alternative term for pineal gland, which releases melatonin during night hours to help with sleep.¹⁶

As mentioned in our previously published papers, the GDV diagnostic chart for a typical allopathy patient, who reports to the doctor after perception of a symptom, generates values for the pineal gland as follows: 1.32 (for left side) and 0.98 (for right side), and 0.89 and 1.72.^{2,5} Whereas, the persons who have undergone health-promotion using evolved homeopathy and/or digital homeopathy have the corresponding values for their pineal gland as follows: <0 and <0, and 0.08 and 0.08.

Hypothalamus

It is the lower part of the brain, roughly the size of a cherry, situated behind the eyes and the thalamus (2 structures of the brain).¹⁷ It controls the sympathetic nervous system (which is part of the autonomic nervous system). In response to sudden excitement or alarm, signals are sent from higher regions of the brain to the hypothalamus, so as to initiate sympathetic nervous system activity, which causes widening of the pupils, a faster heartbeat, an increase in blood flow to muscles and breathing rate. Other nerve cells in the hypothalamus are concerned with the control of thirst, appetite for food, and body temperature. The hypothalamus is also involved in motivating sexual behavior, regulating sleep, and determining emotions and mood. It indirectly controls many endocrine glands through its influence on the pituitary gland, which is the most important endocrine gland, and is sometimes referred to as the master gland.

As mentioned in our previously published papers, the GDV diagnostic chart for a typical allopathy patient, who reports to the doctor after perception of a symptom, generates values for the hypothalamus as follows: 1.37 (for left side) and 0.86 (for right side), and 0.92 and 1.51.^{2,5} Whereas, the persons who have undergone health-promotion using evolved homeopathy and/or digital homeopathy have the corresponding values for their hypothalamus as follows: <0 and <0, and 0.26 and 0.18.

Nervous system

The main function of our nervous system is to send messages from various parts of our body to our brain, and from our brain back out to our body so as to tell our body what to do; in other words, these messages regulate our thoughts, learning, memory and feelings as well as movements (i.e., balance and coordination).

The nervous system controls: brain growth and development; memory and learning; sensations (such as hearing or touch); emotions and thoughts; sensory perceptions (i.e., the mental process of interpreting sensory information); movement, that is, balance, and coordination; sleep; aging; rehabilitation and healing; body temperature; stress and the body's responses to stress; heartbeat and breathing; puberty, fertility, as well as reproductive health; and hunger, thirst, and digestion.¹⁸

The nervous system usually allows rapid transmission (i.e., within fractions of seconds) of information between different body regions. Whereas, hormonal communication, which relies on the production and release of hormones from various glands and on the transport of those hormones through the bloodstream, is better suited for situations that require more widespread and longer lasting regulatory actions. Thus, the two communication systems complement each other. In addition, both systems interact: stimuli from the nervous system can influence the release of certain hormones and vice versa.¹⁹

As mentioned in our previously published papers, the GDV diagnostic chart for a typical allopathy patient, who reports to the allopath after perception of a symptom, generated values for the nervous system as follows: 0.94 and 1.19, and 1.15 and 1.45.^{2,5} Whereas, after these persons had undergone health-promotion using evolved homeopathy and/or digital homeopathy had the corresponding values for their nervous system as follows: <0 and <0, and 0.11 and 0.

Mammary gland

It is an exocrine gland that produces milk. Mammary glands, which are modified serous glands, support breastfeeding; they produce milk that not only nourishes babies but also boosts their immune systems.²⁰

The breast is a complex endocrine target organ. The endocrine system coordinates development of the mammary gland and milk production. Disorders in the endocrine control of breast, may lead to benign breast disorders.²¹

Breast cysts (fluid-filled lumps) most commonly affect women in their 40s and 50s, especially in the years near the menopause. A lump can be diagnosed as a cyst by ultrasound scanning, a mammography, or by withdrawing fluid from it with a syringe and needle, which usually results in the lump disappearing. Breast cysts, fibroadenomas, other noncancerous tumours, or, more rarely, breast cancer may occur.²²

As mentioned in our previously published papers, the GDV diagnostic chart for a typical allopathy patient, who reports to the allopath after perception of a symptom, generated values for the mammary gland as follows: 1.88 and 1.73.⁴ Whereas, after this lady had undergone health-promotion treatment for some time using evolved homeopathy and/or digital homeopathy had the corresponding values for her mammary gland as follows: 0.59 and 0.60.

Continuing health-promotion treatment using evolved homeopathy and digital homeopathy can bring down these bud-level numbers to near zero levels, which would prevent possible future tumors.

CONCLUSION

In view of the above, it can be said that digital homeopathy is the method of comprehensive digital medicine that leads to health promotion by curing diseases of not only the various organs, but also the immune, endocrine and nervous systems, even at the bud stage. hence, for persons who are regularly taking the comprehensive digital homeopathy medicine starting from childhood (say, from the age of five years), will have their all organs and systems so perfected that their bodies are unlikely to grow tumors. However, for persons who have started doing health promotion using digital homeopathy at a later part of their life, each of the following preventive medicines need to be taken once a week, at the rate of one medicine on each day: Acid Nit. 3x; Calc. Phos 3x; Conium Mac. 6x; Hydrastis Canadensis. 3x; Kreosotum. 3x; Ruta Gr. 3x; and Thuja Occ 3x. It is important to mention that doses of these medicines should always be taken, keeping 20-minutes gap (from any consumption of food or drinks), before and after the medicine doses. Health promotion methodology of evolved homeopathy is very beneficial for any person. When the condition of near zero disease-levels in various organs and the immune, endocrine and nervous systems, of human body, is achieved, about 20-years age-reduction is felt, physical and mental stamina improves, with increment in longevity.

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