

Case Report

Bipolaris: a rare etiology of ureteric mycosis with Double J stent *in situ*

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ABSTRACT

Fungi classified under the genera *Bipolaris* are dematiaceous hyphomycetes which are rare sources of human diseases. The dematiaceous fungi in other words “black fungi” are so named due to the presence of dark melanin like pigment in their cell wall. Majority of the species of *Bipolaris*, are either soil saprobes or plant pathogens, however few species of these saprobes like *Bipolaris australiensis*, *Bipolaris hawaiiensis* & *Bipolaris spicifera* are potential pathogens which are capable of causing infections in both immunocompetent & immunocompromised humans. The spectrum of human infections caused by *Bipolaris* include cutaneous and subcutaneous infections, allergic sinusitis, keratitis, allergic broncho pulmonary diseases, orbitopathy, CNS infections, Peritonitis associated with Ambulatory peritoneal dialysis, infections of implant devices & allografts. Here we report a case of ureteric infection due to *Bipolaris* species in a patient with Double J (DJ) stent *in situ*. Amphotericin B, itraconazole, voriconazole and imidazole are common antifungals found to be effective in treating *Bipolaris* infections.

Keywords: *Bipolaris*, Dematiaceous fungi, Double J stent

INTRODUCTION

Bipolaris is a huge genera of dematiaceous hyphomycetes consisting of more than hundred species, majority being saprobes or plant pathogens. Invariably few of these saprobes are potentially capable of causing infections in humans and animals.¹⁻³ The salient feature of these dematiaceous fungi is the presence of melanin like pigment in the cell wall of their mycelia.

Mycetoma, chromomycosis and phaeohyphomycosis are the three main type of clinical diseases associated with dematiaceous fungi. Although *Bipolaris* is a potential plant pathogen, few of its species like *Bipolaris australiensis*, *Bipolaris hawaiiensis* & *Bipolaris spicifera* are responsible for infections in immunocompetent and immunocompromised individuals.¹⁻⁴

The human infections associated with *Bipolaris* are allergic sinusitis, cutaneous and subcutaneous infections, corneal ulcer, cellulitis, osteoarthritis and pneumonia. Apart from these infections *Bipolaris* can colonise prosthetic heart valves and continuous dialysis catheters further causing regional fungal infections.^{2,5}

In addition to the above, the rarest of the manifestations of *Bipolaris* infections are mucopyoceles of the sphenoid sinus⁶ and invasive mycoses in the transplant patients.⁷

With review of different studies it has been noted that Amphotericin B, itraconazole, voriconazole and imidazole are the best antifungal agents that are effective against *Bipolaris* infections.⁸⁻¹⁰

CASE REPORT

A male patient aged about 35 years, known diabetic on treatment since 2 years was diagnosed with papillary necrosis of left kidney and had undergone left ureteric DJ stenting. After 6 weeks patient came with complaints of dull aching lower abdominal pain and dysuria associated with passing of white flakes in the urine.

Routine hematological investigations and urine analysis were performed. Urine sugar was 2% and urine albumin being ++, other parameters of the above investigations were within normal limits. The urine culture yielded no bacterial pathogen. The patient was advised cystoscopy for further management.

On cystoscopic examination, it was found that the left DJ stent in-situ had few white flakes on it and even the left ureteroscopy showed plenty of flakes in the mid and upper ureter extending till pelvis. Basketing was performed and approximately 80% of the flakes were removed and were sent to our laboratory for fungal culture.

New DJ stent was placed and provisional diagnosis of fungal infection was made. The patient was started on antifungal therapy with fluconazole 200 mg per day for 4 weeks.

On examination of the specimen, Potassium Hydroxide (KOH) mount showed light brown septate hyphal fungal elements. Specimen was inoculated onto Saboraud's Dextrose Agar (SDA) with antibiotics & Potato Dextrose agar (PDA). After 5 - 6 days of incubation at ambient temperature the colonies on SDA & PDA were greyish white, which later turned brown (Figure 1).



Figure 1: Growth on Saboraud's dextrose agar slant.



Figure 2: Lacto phenol cotton blue mount.

Lactophenol cotton blue mount of the above culture showed dark coloured septate hyphae with geniculate conidiophores and large conidia with transverse distosepta without protuberant hilum (Figure 2). Slide culture of the growth confirmed the above findings.

Based on the above culture and microscopic findings, we identified the isolate as *Bipolaris* species. The isolate was sent to Kasturba medical college, Manipal, Karnataka, for confirmation, where it was confirmed as *Bipolaris*.

Follow up of the patient revealed that he had responded positively to the treatment.

DISCUSSION

Dematiaceous fungi are those fungi with melanin like pigment in the cell wall of their mycelia,^{2,6,8} due to which they are labelled as 'Black fungi'. *Bipolaris* is a huge genera of dematiaceous hyphomycetes comprising of more than hundred species, majority of them being either soil saprobes or plant pathogens. However few of these saprobes are potential human pathogens like *Bipolaris australiensis*, *Bipolaris hawaiiensis* & *Bipolaris spicifera*.²

Bipolaris species grows rapidly on SDA, PDA producing greyish white colonies initially which later turns to brown or black in colour.⁹ On microscopic examination with lacto phenol cotton blue stain, *Bipolaris* species show dematiaceous septate hyphae with geniculate conidiophores. Large conidia are produced by sympodial conidiogenesis and bipolar germination which have transverse disto-septa, usually without protuberant hilum. They can be stained with Fontana Masson stain.⁶ *Bipolaris* may sometimes be misdiagnosed as *Drechslera*, *Exserohilum* or *Helminthosporium* which are other similar dematiaceous fungi.⁸

Bipolaris infections are common in warm, humid, tropical and subtropical climates. It has high potential to cause infections in both immunocompetent as well as in immunocompromised humans, majority of the times being overlooked in immunocompetent individuals. *Bipolaris* infection results either due to inhalation or inoculation of the fungi. Rural life style (e.g. swimming) and some unknown immunological deficits may increase the risk of acquiring *Bipolaris* infections.⁶ It has also been reported that mycotoxin produced by *bipolaris* can induce lung and liver adenomas in ill mice in addition to causing plant and animal infections.³

The wide spectra of human infections caused by *Bipolaris* includes allergic fungal sinusitis, cutaneous & subcutaneous infections, cellulitis, corneal ulcer, osteoarthritis, pneumonia.^{2,3} Other less common manifestations are infections of implanted devices and allografts like ventriculostomy associated meningitis, dialysis catheter associated peritonitis and endocarditis.⁹

The rarest of the *Bipolaris* infections include mucopyocele of the sphenoidal sinuses, meningoencephalitis and disseminated diseases^{6,8} where a high suspicion by neurosurgeon will help in diagnosing the infection. There are increasing case reports in patients with immunosuppression as a result of cancer, HIV infections or solid organ transplants^{7,8}. Besides these infections *Bipolaris* species can colonize prosthetic heart valves² and long term peritoneal dialysis catheters further leading to regional infections.⁵

The recent increase in incidence of *Bipolaris* infections suggest that these fungal infections were missed out or were under reported.³ Because of ubiquitous nature of *Bipolaris*, it is usually considered as a contaminant, however it is important to consider it as a true infection if the clinical specimen yields pure growth of the fungus and if patients respond favourably to antifungal drugs. Amphotericin B, itraconazole, voriconazole, ketoconazole imidazole are found to be the effective antifungal agents in treating *Bipolaris* infections.^{1,8-10}

Our case assumes its significance as ureteric infection due to *Bipolaris* species is a very rare manifestation and the patient responded favourably to fluconazole.

CONCLUSION

We conclude that *Bipolaris* species is an emerging potential human pathogen. A high degree of suspicion and careful examination of the clinical specimen will help in diagnosing these fungi, as these fungi are usually considered as contaminants. We conclude that timely removal or change of the DJ stent along with administration of appropriate antifungal agents will help in the fast recovery of the patient.

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